

Autumn training schedule - 19 November to 31 December

Monday 9:15 am

- Training session
- Varied and suitable for all
- Leader is Yvette Johnston
- Meeting place - in front of the Hatfield Swim Centre, by the statue, across the road from Asda car park. (Free car park next to the Swim Centre or the near end of Asda car park).

Tuesday 6:30 pm

- Training session - 3 to 6 miles, some intervals and variety
- Suitable for all
- Leader is Donna O'Toole
- Meeting place - outside Hatfield House gates, by the statue, opposite Hatfield Station. (park in the station car park (pay) or behind the Great Northern pub (free). Traffic can be busy in the area)

Winter Training Schedule

- From Wednesday January 2nd we are planning to move the Tuesday 6:30 pm run to Wednesdays at 6:30 pm to tie in with the New to Running Group and create a varied, multi-leader group run suitable for all club members with optional drinks after at Club De Havilland. Other sessions will remain the same.
- Meeting place for this will be by Club De Havilland and car parking is available in the Herts Sports Village car park - this is to be confirmed so please keep an eye on the Facebook and club website. If you have any feedback or ideas, please get in touch.

Sunday 8:15 am

- Training session - 3 to 10+ miles at various paces
- Suitable for all with a focus on social running
- Leader is Carrie Hudson
- Meeting place - Hatfield Station steps (park behind the Great Northern pub).

2nd and 4th Sunday of the month at 9 am

- 'Walkers and Talkers' Group.
- All welcome for walking and talking.
- Leader is Allison Skeggs
- Meet at Hatfield Station steps (park behind the Great Northern pub).

If you would like to see other group runs please do make suggestions and we always welcome new Leaders in Running Fitness. If you can commit to leading a new group or to share leading an existing run the club will fund your course.